

The Authors of
Getting Back To Love



Photo by Max Popper

The authors, Joseph and Sarah Elizabeth Malinak, live in Asheville, NC. They are life coaches who specialize in helping folks improve the quality of their relationships "because relationships matter!"

In 2005, they founded Ideal Relationships. Joseph has over thirty years of experience as a self-growth facilitator, and Sarah has a Master of Divinity degree in Pastoral Care and Counseling. Together they bring a wealth of talent and compassion to their relationship coaching, workshops, and seminars. Joseph and Sarah believe that everyone deserves to have the best relationships possible! Relationships matter because the quality of our relationships determines the quality of our lives. Whether the relationship is with the self, another, or the Holy; relationships ground us, define us, challenge us, and free us.

Read **Getting Back To Love**

& get back to the:

- **Love**
- **Passion**
- **Intimacy**
- **Trust**
- **Balance**
- **Communication**

you once had or have only dreamed you'd have someday!

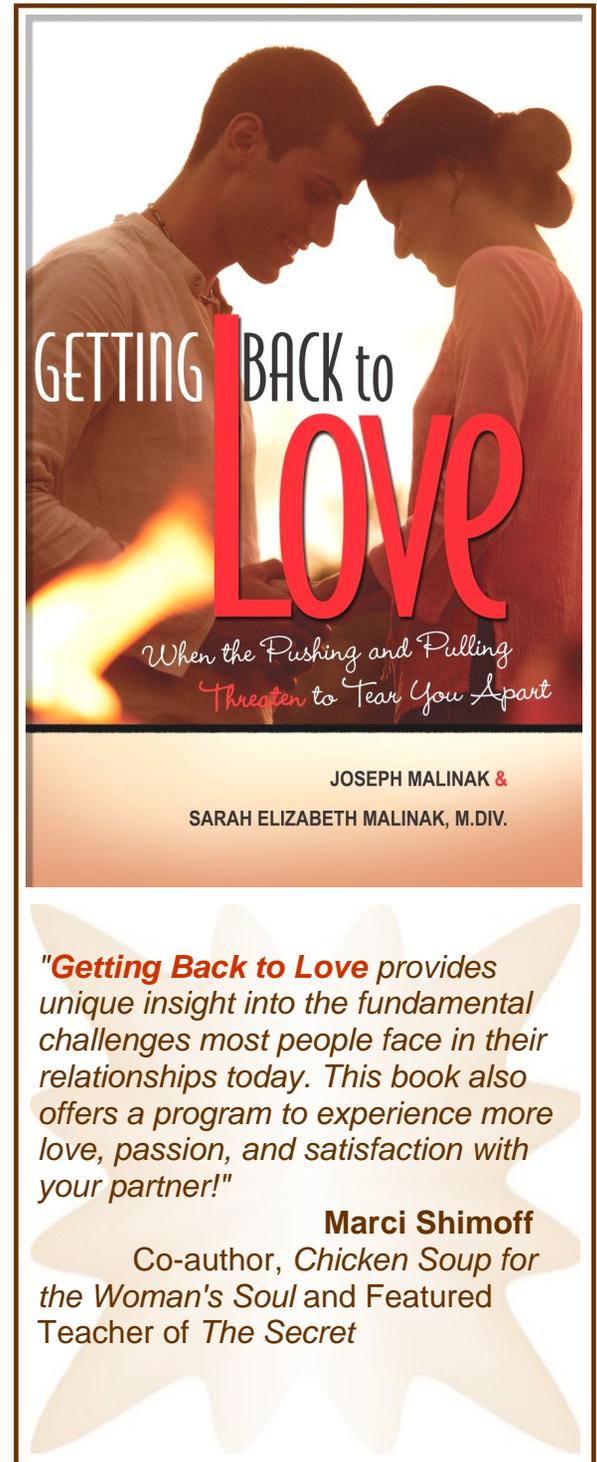
Getting Back to Love is the definitive book on the mama's boy/daddy's girl relationship that is so prevalent today. If you suspect you are either a daddy's girl or mama's boy (or suspect you are in a relationship with a mama's boy or daddy's girl) then read **Getting Back to Love** today! **Getting Back to Love** gives you action steps that allow you to make an effective and positive difference in your relationship today!

You can have the relationship of your dreams!

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JOSEPH MALINAK &

SARAH ELIZABETH MALINAK, M.DIV.

"Getting Back to Love provides unique insight into the fundamental challenges most people face in their relationships today. This book also offers a program to experience more love, passion, and satisfaction with your partner!"

Marci Shimoff

Co-author, *Chicken Soup for the Woman's Soul* and Featured Teacher of *The Secret*

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"Joseph and Sarah's work has changed my life in the most profound way possible. Getting Back to Love reveals the heart of the work they do and allows anyone to benefit from this unique perspective on personal relationships

that opens up new possibilities for all of us struggling with having the relationship of our dreams."

Robert Lee Camp

Author, *Love Cards* and *Cards of Your Destiny*

The most amazing aspect of this book is how relevant it is to the society and world we live in today. Everywhere I look I see them- Mamma's Boys and Daddy's girls. My parents, grandparents, friends, even myself. With the understanding of the Mamma's Boy/Daddy's Girl dynamic illustrated so clearly in this book, I feel confident that I possess the insight to really comprehend some of the unconscious forces that have been, and continue to drive my personal motivations, feelings and tendencies. I feel free to move towards what I want in life, especially as far as my relationships are concerned, now that I can see what's been keeping me from them all these years.

Nicholas Zorro Iway
Television Producer

"In Getting Back to Love, Sarah and Joseph have created a magnificent invitation to re-create the dance of your relationship. Following their insightfulness, wisdom and practical guidance, you will be awakened to a deeper understanding of your relationship, then moved to take empowered responsibility in re-creating it according to your inspired desires, and finally able to enjoy your new creation as never before. I highly recommend this exceptional book as a potentially life-changing experience."

Bill Bauman, Ph.D.

Founder, The Center for Soulful Living, Inc



Experience the relationship you've longed for and dreamed of!

www.idealrelationships.com

www.josephmalinak.com

www.gettingbacktolove.com