

Welcome to the April issue of the “Art of Creating an Ideal Relationship” newsletter!

**Announcement:**

**Next month, May 2-3, we are giving the *Create Your Ideal Relationship Workshop* at *Crystal Visions* bookstore in Naples, NC (between Asheville and Hendersonville).**

If you or someone you love has ever asked these questions:

**How can I create the relationship I desire?**

**Why has my relationship lost its passion?**

**What will make my partner change?**

**Every one of my romantic relationships has been with the same kind of person. Why is that?**

**Why do I always wind up taking care of my partner, always the one to do all the giving?**

**What can I do to make my relationship great?**

There are answers that can change your life. The answers are within you! Come to the *Create Your Ideal Relationship Workshop* and discover those life-changing answers!

**You do not have to be a victim to relationship circumstances.**

**You can create your ideal relationship!**

If you are in a committed relationship, you can create your ideal relationship from within it!

If you are single, you can prepare yourself to attract your ideal mate, creating an ideal relationship before he or she even shows up!

And if you want any relationship in your life to be ideal, the *Create Your Ideal Relationship Workshop* can help you make a difference!

The cost is \$125 for individuals and \$225 for couples. The workshop begins Friday night, May 2nd, 6 p.m. – 9 p.m. and Saturday, May 3rd, 10 a.m. – 6 p.m.

To register: call or email us at 828-645-0999 ~ MalinakSE@aol.com.

**---- Now for this month’s article ----**

"Once a human being has arrived on this earth, communication is the largest single factor determining what kinds of relationships he makes with others and what happens to him in the world about him."

- Virginia Satir

Words can open a heart or break it. Sometimes, when we have been in a relationship for a while, we begin to take each other for granted. When that is displayed in casual or careless words spoken, hearts can be wounded and damage done to the relationship.

A discipline to apply to your relationship that can make a difference on a weekly (even daily) basis is to create opportunities to admire your beloved the way you did when you were falling in love. Was it something about her smile, the way he made you laugh, the shape of his hands, the color of her hair, the breadth of his shoulders, the curve of her hips, his opinions, her attitude, or any number of physical or personality traits?

Take the time to notice those things and find new ones to admire. Then speak it. Speak intentional, loving, compassionate words that open your lover's heart. Speak it with your voice, your eyes, and your touch.

Many blessings to you as you seek to open hearts with your words!

Sincerely,

Joseph and Sarah Elizabeth Malinak

Authors of *Getting Back to Love*, see [www.GettingBacktoLove.com](http://www.GettingBacktoLove.com). Relationship Coaches at [www.IdealRelationships.com](http://www.IdealRelationships.com).

P.S. Always feel free to pass "The Art of Creating an Ideal Relationship" newsletter to friends and family who might appreciate it!