

Welcome to the February 2009 edition of “The Art of Creating Ideal Relationships” Newsletter! www.IdealRelationships.com

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Relationship Help in Time for Valentine’s Day!

If in your relationships with the opposite sex, you are tired of feeling as though you are the only or primary adult in the relationship, you need to read “Getting Back to Love: When the Pushing and Pulling Threaten to Tear You Apart.”

It gives you tools to bring your relationship to a place where you replace the parent/child dynamics with a passionate, loving relationship between two adults!

Go to <http://www.GettingBacktoLove.com> for a special offer that gives you even more support for making your marriage, dating relationship, or your next relationship that delicious mix of love, passion, joy, and deep, abiding friendship! Buy it today and make a difference for you!

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In this issue

A simple way to improve any relationship immediately! How to Improve your Relationship with some Advice from your Childhood is the article today.

A special offer from Rosanna Ienco, author of the new book, Awakening the Divine Soul: Finding your Life Purpose. An unbelievable number of life transforming FREE gifts worth \$9,711 when you purchase her new book TODAY at this link:

www.awakeningthedivinesoul.com/bookpromo.html.

More information follows below.

Our podcast guest this week is Pat Love with information on how to improve your relationship with the opposite sex without talking about it!

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How to Improve your Relationship with some Advice from your Childhood

Do you remember how you learned to cross the street? Chances are a caring adult or older sibling, cousin, or friend took you by the hand and taught you to stop, look, and listen at the curb before crossing the road. That magical combination helped make sure you did not cross the road before it was safe to. Through the years, it may have even saved your life on more than one occasion.

Recently, I was at Facebook, one of the popular social media sites, checking on updates friends had made to their pages. With one friend, I wanted to comment on something she posted but I wanted the comment to be sincere and meaningful, not a smart-elecky kind

of thing. When I finished writing my comment, I was satisfied thinking, “I bet this will make her feel seen!” That is what I wanted to accomplish. Suddenly it occurred to me that what I was doing on Facebook is something that can be applied to any relationship at any time.

What my friend had posted had moved me and I wanted her to know I had seen and heard her. I had stopped, looked, and listened before responding. As a result, my response was appropriate, thoughtful, and hopefully meaningful. In this day of Eckhart Tolle’s shared wisdom and people trying to be present in the moment; a wonderful tool for accomplishing being present with the people you love is to simply stop, look, and listen.

So often for Joseph and me, when we’re with each other or anyone else, we find we spend too much time waiting for the other person to bring their part of the conversation to an end so we can say whatever it is we want to say! Granted, they said something to trigger our own thoughts. There is some give and take there. However, when the juice inside is about what I want to say rather than the experience of being with the other person, it is easy to miss words, body language, cues, and hints that deeper listening needs to take place.

Stopping, being still inside; looking, really taking in everything being said (body language included); and really listening; gives us a deeper experience of the other person, allowing them to feel seen and heard in the process. It strokes the fires of the relationship in warm and welcoming ways!

You may already be a master of this, but if not, give it a try! Try it with the next person who crosses your path, even a complete stranger, and watch the love grow.

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Now, for that special offer! In *Awakening the Divine Soul: Finding your Life Purpose*, Rosanna’s profound and deeply moving story will awaken your senses, uplift your spirit and give you the key to unlock your hidden treasures. Rarely does a book come along that not only tells a compelling, captivating story, but will also inspire you to take a step of courage into the unknown and allow your soul to navigate your path. It will show you step by step how to live the life you were destined for and how to claim your birthright to manifest the desires of your heart. Her intention is to make 2009 **Your Best Year Ever**.

Rosanna is not someone who just talks about personal transformation; she has experienced it for herself. Discover how a young girl with low self-esteem, raised in a rough neighborhood in Toronto by a single mother of five, found herself at the age of 24 in the heart of London, England with only fifty pounds in her pocket and nowhere to live. Despite numerous obstacles and challenges standing in her way, she listened to her inner calling and against all odds found her true purpose and passion in life. Through her easy to follow 11 steps, she will inspire you to do the same.

No matter what your current situation, where you come from, or your past experiences, **Awakening the Divine Soul –Finding Your Life Purpose** will take you from where you are now to where you want to be. This is not just another self-help book; it is a whirlwind spiritual adventure that will take you on a fascinating journey of personal empowerment. You will learn how to face your deepest fears, overcome obstacles, let go of self-limiting beliefs, heal relationships, discover your hidden talents and embrace your creativity and uniqueness.

Go to this link now and find out how to unveil the greatest mystery of all...yourself.

www.awakeningthedivinesoul.com/bookpromo.html

Remember that when you order it today, you receive \$9711 worth of free life transforming gifts!

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Did you know you can improve your relationship with less communication? In fact, you can improve it without talking about it at all!

Dr. Pat Love joins us this week on our Internet radio show to talk about her book, *How to Improve Your Marriage without Talking about It*. It is a provocative, timely, and deeply truthful relationship help book. Listen in while she shares with us the research that proves that men and women process information and their feelings differently. When you know these differences, you can cut frustration, disappointment, and anger easily in half while increasing understanding and the ability to be heard. That's right! You increase the ability to be heard by not talking about it!

Tune in, get your curiosity satisfied, and discover the answers to relationship problems you've longed for but didn't know how to find...until now!

Here is the link. We know it is a long one, but it will take you directly to our page at WebTalkRadioNetwork.com where, beginning Thursday (through the following Wednesday), you can listen to the interview at your convenience:

<http://webtalkradionetwork.com/index.php/show-hosts/34-show-hosts/2120-creating-your-ideal-relationship-hosted-by-joseph-and-sarah-malinak>

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May everyone you know realize how much you love him or her and may you know the same depth of love for yourself!

Joseph and Sarah Elizabeth

Authors of the definitive book on
Mama's Boys & Daddy's Girls:

www.GettingBacktoLove.com

Coaching for Love:

www.IdealRelationships.com

Self-love coaching:

www.SarahElizabethMalinak.com

Destiny Card Consultations:

www.JosephMalinak.com

The little book that will make a
big difference in your love life!

www.GentleHintsforLovers.com

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P.S. Pass along this newsletter to anyone in your life you feel would enjoy it!