

Welcome to the March 2008 issue of “The Art of Creating an Ideal Relationship” Newsletter!

Who is Responsible?

This week on the Today Show, Dr. Laura Schlessinger blamed the wives of cheating husbands for their husbands’ adultery! Interviewed as a relationship expert concerning the criminal investigation the governor of New York finds himself a subject of because of his involvement in a prostitution ring, Meredith Vieira set her up by asking, “Do you think women play any role in this, Dr. Laura, I mean the wife, obviously.”

Dr. Laura responded with, “It’s interesting. what you said about what men need -- men do need validation. When they come into the world they’re born of a woman. Getting the validation from mommy is the beginning of needing it from a woman. When the wife does not focus in on the needs and the feelings sexually, personally, to make him feel like a man, to make him feel like a success, to make him feel like a hero, he’s very susceptible to the charm of some other woman making him feel what he needs. These days, women don’t spend a lot of time thinking about how they can give their men what they need.”

Meredith then asked, “Are you saying women should feel guilty, like they somehow drove the man to cheat?”

Dr. Laura answered, “You know what, the cheating was his decision to repair what’s damaged, and to feed himself where he’s starving. But, yes, I hold women accountable for tossing out perfectly good men by not treating them with the love and kindness and respect and attention they need.”

Dr. Laura’s response releases cheating husbands of any responsibility for their relationships. This means she is treating them like little boys who need taking care of by their “mommy wives” instead of as grown men who are capable of being responsible for the decisions and choices they make. It is unbelievable that in 2008 women are blamed for their husbands’ adultery!

In addition, rescuing men from taking responsibility for their primary love relationships is condescending. It means treating them as less than who they are. Heroes are not created by blaming wives for their cheating husbands’ behavior.

Men and women are capable of taking responsibility for their primary relationships. A man is just as capable as a woman of communicating to his spouse, “We need to talk. We need help with our relationship.”

Love holds two people in a relationship accountable for the health and well being of the relationship. It takes courage and adult maturation to take on that level of responsibility. However, it is feasible and it is definitely worth it!

We all owe it to ourselves to develop the self-worth necessary to have the courage to take responsibility for all our relationships. If we cannot treat each other with respect, dignity, love, cherishing, and kindness, how will we extend ourselves to neighbors, nations and a planet that desperately need respect, dignity, love, cherishing and kindness?

A man grounded in his masculinity does not react to his relationship issues by acting out passively aggressively through having an affair, one-night-stand or creating an emotional affair. A woman grounded in her femininity does not react to her relationship issues by acting out passively aggressively through having an affair, one-night-stand, or creating an emotional affair. Men and women who are adults take responsibility for the lives they create.

Many blessings to you as you take responsibility for your own self-worth, your relationships, and the love that you create in your life.

Sincerely,

Joseph & Sarah Elizabeth Malinak

P.S. On May 2 and 3, 2008, we are giving a “Create Your Ideal Relationship” workshop at Crystal Visions Bookstore in Naples, NC (east of Asheville and Hendersonville, NC).

Benefits of attending the workshop include:

Removing the blind spots that keep you from having the nurturing and sustaining relationships you desire.

Always knowing exactly how you are doing in terms of creating an ideal relationship.

Learning from the past so that you can create a genuinely brighter future.

Opening your heart to the beauty of who you are and your worthiness for having as many quality relationships in your life as you desire.

The cost is \$125 for individuals and \$225 for couples.

If you would like to come, you can sign up at www.IdealRelationships.com. If you know someone who would enjoy this month's newsletter or would like to know about the workshop, please feel free to forward this to them.

Thanks!

Joseph & Sarah Elizabeth

Authors of *Getting Back to Love*, see www.GettingBacktoLove.com. Relationship Coaches at www.IdealRelationships.com.

