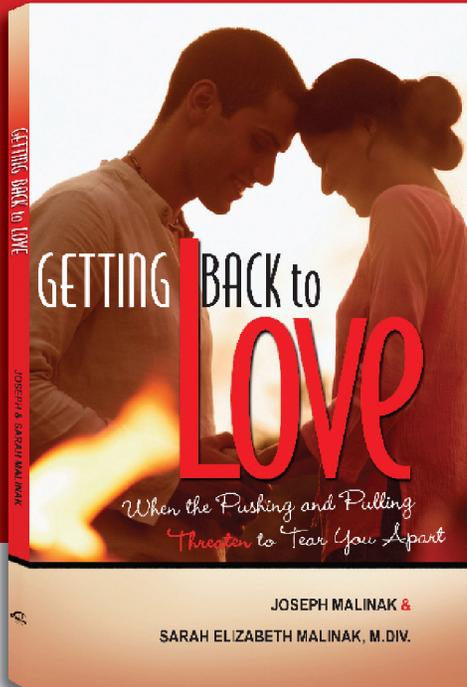


Getting Back to Love

When the Pushing and Pulling Threaten to Tear You Apart



When a man, either by hurting or pleasing his woman, tries to control her, he is a Mama's Boy who believes he gets his power from the women in his life.

When a woman, either by serving or dominating her man, tries to take care of him, she is a Daddy's Girl who believes she will find fulfillment by taking care of the men in her life.

Together, these personality types have great potential for passion and romance, but they're also vulnerable to relationship tragedy.

Getting Back to Love teaches these unique people how to become masters of (rather than be mastered by) the Mama's Boy/Daddy's Girl dynamics that threaten to sabotage their relationships. Discover the steps to growing beyond the dysfunction into a relationship that has more love, better passion, and greater satisfaction!

Joseph & Sarah Malinak live in Asheville, NC. They are life coaches who specialize in helping folks improve the quality of their relationships because relationships matter!

In 2005, they founded Ideal Relationships (idealrelationships.com). Joseph has over thirty years of experience as a self-growth facilitator, and Sarah has a Master of Divinity degree in Pastoral Care and Counseling. Together they bring a wealth of talent and compassion to their relationship coaching.

"*Getting Back to Love* provides unique insight into the fundamental challenges most people face in their relationships today."

—Marci Shimoff, coauthor of *Chicken Soup for the Woman's Soul* and featured teacher in *The Secret*.

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